WARNING: AGREEMENT TO OBEY INSTRUCTIONS, RELEASE, ASSUMPTION OF RISK, AND AGREEMENT TO HOLD HARMLESS (BOTH THE ATHLETE AND A PARENT OR GUARDIAN MUST READ CAREFULLY AND SIGN)

SPORT (check applicable sport)

___ Football  ___ Basketball  ___ Outdoor Track  ___ Indoor Track  ___ Cross-Country  ___ Cheerleading
___ Volleyball  ___ Wrestling  ___ Baseball  ___ Softball  ___ Skiing  ___ Field Hockey
___ Tennis  ___ Golf  ___ Soccer  ___ Swimming  ___ Lacrosse  ___ Ice Hockey
___ Unified Sports

I am aware participating in any sport can be a dangerous activity involving MANY RISKS OF INJURY. I understand that the dangers and risks of playing or practicing to play/participate in the above sport include, but are not limited to, death, serious neck and spinal injuries which may result in complete or partial paralysis, brain damage, serious injury to virtually all internal organs, serious injury to virtually all bones, joints, ligaments, muscles, tendons, and other aspects of the muscular system, and serious injury or impairment to other aspects of my body, general health and well-being. I understand that the dangers and risks of playing or practicing to play/participate in the above sport may result not only in serious injury, but in a serious impairment of my future abilities to earn a living, to engage in other business, social and recreational activities, and generally to enjoy life.

Because of the dangers of participating in the above sport, I recognize the importance of following coaches' instructions regarding playing techniques, training and other team rules, etc., and agree to obey such instructions.

In consideration of the Danbury School District permitting me to try out for the Danbury High School ___________________________ team and to engage in all activities related to the team, including, but not limited to, trying out, practicing or playing/participating in that sport, I hereby assume all the risks associated with participation and agree to hold the Danbury School District, its employees, agents, representatives, coaches, and volunteers harmless from any and all liability, actions, causes of action, debts, claims, or demands of any kind and nature whatsoever which may arise by or in connection with my participation in any activities related to Danbury High School ___________________________ team. The terms hereof shall serve as a release and assumption of risk for my heirs, estate, executor, administrator, assigns, and for all members of my family.

PARENT/GUARDIAN

I, ___________________________, am the parent/legal guardian of ___________________________.

I have read the above warning and release and understand its terms. I understand that all sports can involve many RISKS OF INJURY, including but not limited to those risks outlined above.

In consideration of the Danbury School District permitting my child/ward to try out for the Danbury High School ___________________________ team and to engage in all activities related to the team, including, but not limited to, trying out, practicing or playing/participating in ___________________________, I hereby agree to hold the Danbury School District, its employees, agents, representatives, coaches, and volunteers harmless from any and all liability, actions, causes of action, debts, claims, or demands of every kind and nature whatsoever (including giving permission to allow my child's HEAD COACH, in conjunction with his/her guidance counselor, to release academic information to college coaches for the purpose of recruiting) which may arise by or in connection with participation of my child/ward in Athletic Programming related to the Danbury High School ___________________________ team.

The terms hereof shall serve as a release for my heirs, estate, executor, administrator, assigns, and for members of my family.

Date: ___________________________ 20__________  __________________________________________  __________________________________________

Signature of Parent or Legal Guardian

The following is to be completed only if sport is football, wrestling, baseball, lacrosse, softball, Ice Hockey or soccer:

I specifically acknowledge that ___________________________ is a CONTACT SPORT involving even greater risk of injury than other sports. ________ (Initial)

Date: ___________________________ 20__________  __________________________________________  __________________________________________

Signature of Student